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 WEEKEND, January 25-27, 2013
 News worth sharing.



HUT, HUT, (WARM) HUT!

Norwegians Luca Roncoroni and Tina Soli and their warming hut, Wind Catcher, were at the Forks Thursday as builders put the final touches on their creations for the Forks' Warming Huts v. 2013: An Art + Architecture Competition on Ice. Five new huts by teams from Winnipeg and around the world are being added this year, and shacks from the past return as well to give skaters something interesting to look at — and a place to get warm. SHANE GIBSON/METRO

Pool gets last gasp

West End. City money for Sherbrook Pool 'a start to saving the pool,' says Winnipeg councillor

 **BERNICE PONTANILLA**
 bernice.pontanilla@metronews.ca

A city councillor is viewing cash for Sherbrook Pool as a "positive sign" the West End facility will once again make a splash.

On Wednesday, the city's executive policy committee voted to throw a lifeline of \$200,000 toward Sherbrook Pool.

The money for the pool, which was closed at the end of November after an inspection revealed the ceiling beams were highly rusted and need replacing, is coming out of the mayor's civic initiatives fund and will be used toward an engineering report and possibly some repair work.

Coun. Harvey Smith (Daniel McIntyre) said while he

hopes the pool will be saved, he cautioned that no concrete decisions can be made until the city knows the extent of the problems.

"I don't think it's going to be closed, I think this is a start to saving the pool," said Smith in an interview on Thursday.

"(Mayor Sam Katz) told me he was supportive because of all of the calls he received."

Both Katz and Coun. Russ Wyatt (Transcona), chair of the finance committee, credited Smith's passionate advocacy with inspiring them to act.

Engineers will provide the city with a best estimate of the overall cost of the repairs and what type of lifespan could be expected as a result, said Coun. Russ Wyatt, finance committee chair.

Karla Dueck Thiessen, president of the Sherbrook Sharks Swim Club, said it's a relief to hear that "there is a future" for Sherbrook Pool.

"We are grateful for the outpouring of community support for our club and the Sherbrook Pool," said Dueck Thiessen in a press release.

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Gambling. Province underhanded over new Jets casino, says grand chief

A top Manitoba aboriginal leader accused the NDP government Thursday of being underhanded in allowing a new gambling venue in Winnipeg.

Grand Chief Derek Nepinak, of the Assembly of Manitoba Chiefs, said the government was wrong to let the owners of the NHL Winnipeg Jets set up a 5,000-square-foot mini-casino after telling First Nations in 2007 that the city's casino market was already saturated.

"They've been elusive. They've been a little bit underhanded in terms of how they're planning to build new casinos here and they owe us some answers," Nepinak said.

Nepinak is upset that True North Sports and Entertainment, the owners of the Jets, are being allowed to offer slot machines, poker and blackjack in a new facility this spring. It will be located in a shopping centre adjacent to the Jets' arena, the MTS Centre.

The government insists the new venue is not a casino — it uses the term "gaming centre" — and is based on the 2011 agreement that offered video lottery terminals to True North as a way to help the arena and the hockey team financially. It's expected to garner \$4 million or more a year for the team.

"It's part of an agreement to stabilize the Jets in Winnipeg," Gaming Minister Dave Chomlak said.

The original deal to attract the Jets called for dozens of video lottery machines. More were added to the plan when the Jets arrived. More recently, poker and blackjack tables were added to the mix. Statistics Canada defines casinos as venues with both machines and table games. Nepinak said it certainly sounds like a casino to him. **THE CANADIAN PRESS**

Raw:Almond. Pop-up restaurateur banking you'll pay \$85 to eat outside — heat and food included

Winnipeg's newest and likely most unique restaurant brings a new spin to the idea of eating a frozen dinner.

Raw: Almond — a pop-up restaurant located on the ice where the Assiniboine and Red Rivers meet at the Forks — opened for its first dinner service Thursday night.

"It's a winter city, so let's just start enjoying it," said Joe Kaltornyk, artistic direc-

tor of Raw: Gallery of the idea he cooked up with Deer + Almond owner Mandel Hitzer.

The temporary restaurant is heated and will be open for the next 21 days. Some of the city's top chefs will prepare a wide ranging menu for a communal table of 20 at three separate daily sittings.

Tickets are \$85 per person. **SHANE GIBSON/METRO**



Joe Kaltornyk, director of Raw: Gallery stands at the communal table being built Thursday afternoon for Raw: Almond, a pop-up restaurant he's opened with Deer + Almond owner Mandel Hitzer. **SHANE GIBSON/METRO**

The Paddlewheel closes after 59 years

Last supper.

Winnipeggers line up for last service at iconic restaurant at the Bay



SHANE GIBSON
shane.gibson@metronews.ca

Another downtown institution has shuttered.

After nearly 60 years operating on the sixth floor of the Bay downtown, the Paddlewheel restaurant officially stopped spinning Thursday afternoon — and Winnipeggers came out in droves to say goodbye.

"I'm going to miss it — it's been an inspiring place," said 99-year-old Margaret Morran, who first visited the Bay by train from her home in Dauphin in 1932 and has stopped by the Paddlewheel at least twice a week for breakfast since moving downtown 25 years ago. "It's really part of Winnipeg — the same as Eaton's was — but times change, and we with the times, I guess."

A spokesperson for the Bay told Metro the decision to close the Paddlewheel, which first

Want a piece of history?

- The Paddlewheel plans on selling off different pieces of nostalgia from the restaurant — including the flagship paddlewheel — in the coming days, and anyone who wants to take home one of the restaurant's trays can buy one for \$5 by calling the Bay downtown at 204-783-2112.

opened in 1954, was made as a result of renovations and adjustments to their "service offerings."

The company has no plans to open another restaurant in the space. While the Paddlewheel has seen roughly 1,000 customers a day since news spread of the impending closure earlier this month, a source close to the business said the iconic eatery was averaging about 300 customers a day beforehand — a far cry from the days Morran remembers during the retail store restaurant's heyday.

"There used to be six of us come every Friday for lunch and it was packed," she said.



Margaret Morran, 99, stopped by the Paddlewheel restaurant for one last breakfast before the downtown icon closed for good after its lunch service Thursday. **SHANE GIBSON/METRO**

"But business hasn't been very good lately."

So many Winnipeggers came for lunch Thursday that

the Paddlewheel reportedly ran out of food and had to close a few hours earlier than expected.

1 NEWS

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In town. Vancouver singer embraces the electronic

Hannah Georgas turns up the electricity on her sophomore self-titled album.

The Vancouver-based singer-songwriter — nominated for best new artist of the year at the 2011 Juno Awards — infused electronica-influenced synth-pop soundscapes into her indie pop sound.

"Dance music, hip hop and house music has always been in my blood," Georgas said from a tour stop in Kelowna, B.C. "My two older sisters were hardcore into house music and we'd always be dancing together and listening to that."

Enter Graham Walsh, keyboardist and electronic-effects guru for Toronto-based band Holy Fuck. Georgas said she and Walsh spent almost three weeks together doing pre-production for the album, Georgas on her guitar, Walsh on his Moog synthesizer OP-1 (a portable synthesizer, sampler and controller) and other synthesizers and pedals.

One thing that hasn't changed since Georgas' last album, 2010's *This is Good*, is the personal nature of her lyrics.



Hannah Georgas MARK COHENE

For instance, the song *Ode to Mom* — dedicated to Georgas' mother — is about the singer-songwriter's father, who died a couple of years ago.

"I don't think those songs are super-hard to write or perform; it actually feels really good to get it out. It's therapeutic," Georgas said.

Georgas plays the Park Theatre on Saturday. Fellow Vancouver band The Belle Game opens. Tickets are \$17 at the West End Cultural Centre, Music Trader, Winnipeg Folk Festival Music Store and Ticketmaster, or \$23 at the door. Showtime is 8 p.m.

JARED STORY/FOR METRO

Budget. Museums hope proposed cuts disappear

The cut may not be as deep, but museums are still hopeful the scissors will be put away completely at Tuesday's special meeting of Winnipeg city council, where museum funding will likely cause heated debate.

The city's preliminary 2013 operating budget, announced on Jan. 9, included a 10 per cent funding cut across the board to museums and other local arts and culture organizations, to the tune of \$358,362.

This created a backlash, with supporters of museums attending city hall meetings in an effort to get the cuts reversed.

On Wednesday, members

of Mayor Sam Katz's executive policy committee voted to reinstate \$56,147 in funding to museums, meaning instead of 10 per cent, the funding cut will now be five per cent.

"It still needs to go to council, so we're encouraged by the direction EPC is going," said William Dowie, chair of the Winnipeg Museums Board, which represents 14 museums, 12 of which were affected by the cuts.

Lisa Dziedzic, spokesperson for the Manitoba Children's Museum, said when it comes to budgets, "five per cent is worse than zero per cent, but still better than 10 per cent."

BERNICE PONTANILLA/METRO



Nearly 300 people have already signed up to take part in Swamp Donkey Adventure Racing's Ice Donkey Winter Race. COURTESY KELLY MORTON PHOTOGRAPHY

Donkeys on ice

Cold chillin'. Winter obstacle course promises frozen fun



SHANE GIBSON
shane.gibson@metronews.ca

Organizers of last summer's successful Dirty Donkey Mud Run have come up with an even cooler adventure race for only the heartiest of competitors to take part in this winter.

Inspired by the 1,200 competitors who ran through 14 muddy obstacles this summer — and raised \$40,000 for

Details

- The five-kilometre race goes Feb. 10 at the former Southwood Golf Course next to the University of Manitoba, and this year competitors will raise money for the United Way of Winnipeg.
- The event is open to both individuals and teams and registration is open until Feb. 7.
- Go to swampdonkeyar.com for more information and to sign up.

the MS Society of Manitoba in the process — the maniacs at Swamp Donkey Adventure Racing have completely redesigned their fourth annual Ice Donkey Winter Race set to take on the temperatures next month.

"We've got some creative obstacles that we've been working on over the last few weeks and things are going to get a little crazy," laughed John Ford, race director with Swamp Donkey. "If you can't survive the winter then you shouldn't

be living in Winnipeg."

The race will include up to 12 gruelling obstacles, and Ford said this year each are based on "winter experiences from childhood" and include obstacles with frightening names like "Lick the Pole."

"You'll have to wait 'til the race to see what we've got planned, but it's going to take people back to their childhood," he said. "It'll definitely bring back some good memories and maybe some not-so-good winter memories for people."

Follow Shane Gibson on Twitter @tsjgibson



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Attawapiskat Chief Theresa Spence, right, takes part in a celebration after ending her hunger strike. She sits with fellow hunger striker Raymond Robinson in Ottawa on Thursday after being released from hospital following an overnight stay. She was held for observation after she ended her six-week hunger protest. SEAN KILPATRICK/THE CANADIAN PRESS

Chief Spence opens new chapter for First Nations

Political struggle.

New vow to improve conditions for aboriginals agreed upon by chiefs, federal opposition parties

Attawapiskat Chief Theresa Spence emerged from hospital Thursday to sign the First Nations declaration that ended her hunger protest after six long weeks — a period during which Stephen Harper barely uttered her name.

Indeed, for a crisis that just two weeks ago had the prime minister squarely at its centre, it seemed a weary and chaotic finale, one largely devoid of anti-Harper vitriol.

The Cree leader, who hadn't had solid food since Dec. 11, spent most of the day recovering in hospital, only to show up unannounced at a celebration that brought First Nations chiefs from across the country.

A chanting, drumming crowd greeted her at a downtown Ottawa hotel, where she thanked family, friends and supporters for their backing during the six chilly weeks she

spent on Victoria Island, just upstream from Parliament Hill.

She suggested she now intends to step back from the political struggle.

"There you go, chiefs, you take over and I'll be part of the audience sometimes, so I'll be watching you guys," Spence said, calling for unity among First Nations leaders.

"It's time to really stay together no matter what hardship that we go through, and no matter what the government intends to do to us to divide us. Always remember that we're here together and we're here for our people, especially the youth."

Emissaries from federal opposition parties kept a low profile at the second ceremony, where Spence herself signed the declaration that had been so painstakingly crafted to bring her protest to a conclusion.

The end came as other chiefs and federal opposition parties vowed to take up her cause of treaty implementation and improved conditions on reserves. And it followed careful negotiation by interim Liberal leader Bob Rae.

Rae said he was concerned some days ago that there was

National interest

A new poll suggests Canadians remain confused by the efforts of aboriginal activists and leaders to improve their relationship with the rest of Canada.

- 40%. The Canadian Press/Harris-Decima survey found just four in 10 respondents were both familiar with and sympathetic to the Idle No More cause.

a risk of the whole effort "going off the rails" if Spence didn't call a stop to her protest. He said he told Spence: "It's everyone's struggle. But no one should die."

The chiefs and the politicians signed the 13-point declaration committing them to seeking immediate improvements to native housing and education; a meeting of First Nations chiefs, the prime minister and Governor General; and full implementation of treaty and aboriginal rights within five years.

THE CANADIAN PRESS

Spence vs. Brazeau

Journalist captures Twitter tussle

Chief Theresa Spence and Senator Patrick Brazeau exchanged 140-character insults Thursday morning.

Spence was in hospital, but a tweet from the @ChiefTheresa Twitter

account called Brazeau a "typical colonized Indian asshole" in response to his criticism of Idle No More.

The tweet has since been deleted, but a screenshot was captured by Saskatchewan reporter Jeremy Warren.

The pugilistic senator immediately hit back, referring to the comment as a "traditional angry victim

speech."

A First Nations senator from Quebec and former chief of the Congress of Aboriginal Peoples, Brazeau has been an outspoken opponent of Spence and the Idle No More movement. He often criticizes First Nations governance for what he feels is a lack of accountability.

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India. Rape-and-murder trial starts behind closed doors in fast-track court

The trial of five men charged with the rape and murder of a 23-year-old student on a New Delhi bus began Thursday with opening arguments by the prosecution in a special fast-track court set up just weeks ago to handle sexual-assault cases.

A sixth suspect has claimed he is a juvenile and is expected to be tried in a juvenile court.

On Thursday, a magistrate separately rejected a petition by Subramanian Swamy, a prominent politician, that no leniency be shown toward the accused who claims to be a juvenile because of the brutal nature of the crime, said Jagdish Shetty, an aide to Swamy.

Magistrate Geetanjali Goel

Gag order

The courtroom was closed to the public and the media — a routine move in Indian rape cases — even though defence lawyers had argued that since the victim is dead, the proceedings should be opened.

is expected to rule on the suspect's age on Jan. 28.

Since Friday is a public holiday in India, the next hearing in the case was set for Monday, when the defence will present its opening arguments.

THE ASSOCIATED PRESS

Cloud Atlas

Chinese censors slash love scenes

Nearly 40 minutes have been chopped from the film Cloud Atlas for Chinese audiences, deleting both gay and straight love scenes to satisfy censors despite a public that increasingly

chafes at censorship.

China allows only 34 foreign films to be shown each year in its movie theatres, which don't have a classification system. All movies must be acceptable to adults and children of any age. Censors also target anything that portrays China or the Chinese in a negative light.

THE ASSOCIATED PRESS

Military 'more powerful' with women: Pentagon



There are 48 women presently working on the front lines in Afghanistan, deployed as the second Female Engagement team. PAULA BRONSTEIN/GETTY IMAGES

Front-line combat.

Lifting the U.S. ban on female fighters will take time to implement

Allowing women to serve in combat roles will strengthen the U.S. military's ability to win wars, Defence Secretary Leon Panetta said Thursday, shortly before his official announcement of the landmark lifting of the ban.

"Our military is more capable, and our force is more powerful, when we use all of the great diverse strengths of the American people," Panetta said.

President Barack Obama supports the Pentagon's decision and believes the country should continue to remove "unnecessary gender-based barriers to service," White House spokesman Jay Carney told reporters.

The decision presents a daunting challenge to military leaders who will have to decide which, if any, jobs they believe should be open

Problem of respect

Ban tied to sexual assault

The top U.S. military officer says he believes the rise in sexual assaults in the military can be linked to the longstanding ban on women serving in combat.

Gen. Martin Dempsey said Thursday the problem is due partly to the military's separate classes of personnel — male "warriors" versus the rest.

Dempsey says the issue is more complicated than that but he indicates the disparity between the roles of men and women has created a psychology that lends itself to disrespect.

only to men.

Women comprise about 14 per cent of the 1.4 million active military personnel.

THE ASSOCIATED PRESS



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Guard was scolded for helping Ashley Smith: Testimony

Inmate suicide inquiry. Video shows incident one month prior to 19-year-old's death when guards were told not to act on safety threat

A correctional officer who scrambled to cut a ligature from the neck of a teenaged inmate as she turned dark purple was reprimanded for his efforts, an inquest into her death heard Thursday.

In fact, an emotional Blaine Phibbs testified, a prison manager warned him he could be formally disciplined or even charged criminally if he went into Ashley Smith's cell again under similar circumstances.

"He told me there was no reason to go into the cell. As long as she was breathing, we were not to go into her cell," Phibbs said.

Video of the incident played for the inquest

showed Phibbs and other guards entering Smith's segregation cell at the Grand Valley Institution in Kitchener, Ont., about a month before she finally strangled herself.

Phibbs said he had difficulty cutting the ligature from her neck.

"We were having to remove so many ligatures from Ashley's neck, the 911 (emergency) knives were dull," he said.

The apparent life-saving measures only brought rebuke. Management insisted that what had taken place was "borderline excessive use of force."

"I did not agree," he told coroner's counsel, Jocelyn Speyer.

"We thought she was in distress, that's why we entered the cell."

"You are not a psychologist, you are not a warden. This is my institution, I will run it as I see fit," Phibbs said he was told.

The heart-breaking cycle would be repeated.

THE CANADIAN PRESS

Missing Canadians

Weather hampers Antarctica rescue attempt

A rescue flight on its way to a group of Canadians missing in Antarctica has had to turn around because of bad weather that isn't expected to improve until at least early Friday.

The group's downed airplane began transmitting signals from its emergency locator beacon early Wednesday.

The condition of the crew members is not known. THE CANADIAN PRESS

Getting the boot?

Ford to hear verdict Friday

Toronto Mayor Rob Ford will learn Friday morning if the courts have ejected him from office midway through his four-year term.

The news as to whether a divisional court panel has upheld or nullified a lower-court ruling that Ford breached the Municipal Conflict of Interest Act will be made public at 10:30 a.m. TORSTAR NEWS SERVICE

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Nortel assets. Talks to settle creditor claims fail to reach agreement

Efforts to divide up nearly \$9 billion in assets from the now-bankrupt Nortel Networks Corp. ended Thursday without an agreement.

A spokesman for the talks says Ontario Chief Justice Warren Winkler, who was leading the proceedings, has concluded that further efforts at mediation were no longer worthwhile.

The negotiations began in Toronto on Jan. 14 and were supposed to conclude that week. They were extended twice.

This was the third attempt at settling claims against the former telecom manufacturing giant's business lines and intellectual property by about 100 creditors around the world, including companies in 20 countries on every continent except Antarctica.

The myriad of creditors include Nortel pensioners, disabled former employees, bond holders, trade creditors and governments.

It was not immediately clear what next steps would be taken. **THE CANADIAN PRESS**



McDonald's says the Alaskan pollock used in its Filet-O-Fish sandwiches will come from suppliers with sustainable fishing practices. The move reflects growing concern among consumers about the source of their seafood. **THE ASSOCIATED PRESS FILE**

There's nothing fishy about these sandwiches

Sustainable sourcing. Ecolabel will certify that Alaskan pollock in McDonald's Filet-O-Fish is from ethical suppliers

McDonald's says it will be the first U.S. national restaurant chain to carry a label from a group that certifies sustain-

able fishing practices.

The blue "ecolabel" from the Marine Stewardship Council certifies that the Alaskan pollock used in McDonald's Filet-O-Fish sandwiches comes from suppliers with sustainable fishing practices.

Major retail chains including Walmart and Whole Foods already use the council's label. The non-profit group is paid a royalty fee from companies that use its label. For Mc-

Donald's, that means the fee would be based on sales of its fish offerings, such as the Filet-O-Fish and the Fish McBites that will be launched as a limited-time offer next month.

The Marine Stewardship Council, which has its international base in London, has about 300 fisheries in its program, representing between 12 to 14 per cent of the world's fisheries. **THE ASSOCIATED PRESS**

Retail

Target to sell Roots clothing at Canadian stores

Clothing from Roots will be available at Target for a limited time when the retailer comes to Canada this spring. Target, expected to open stores north of the border in March and April, announced its list of partners and limited collections on Thursday. Target is also touting a women's apparel collection from stylist Kate Young, to be on offer from April 14 to the end of May.

THE CANADIAN PRESS

CRTC

Carriers to support 911 texts for disabled users

Canadian wireless carriers must make changes to their networks and systems to support 911 emergency text messages from hearing- and speech-impaired persons who have pre-registered for the service, the country's federal telecom regulator said Thursday.

THE CANADIAN PRESS

Household debt

More Canadians keeping up with loan payments

Canadians are paying off their debts faster, with the number of those more than three months behind on loan payments dropping to a record low, according to a report Thursday from Equifax Canada. The latest National Credits Trends study by the credit-monitoring firm found the percentage of unpaid non-mortgage debt past-due more than 90 days was 1.19 per cent in the fourth quarter of 2012.

THE CANADIAN PRESS

Security breach

U.K. regulator fines Sony over PlayStation attack

British regulators have fined Sony about \$396,000 for failing to prevent a 2011 cyberattack on its PlayStation Network that put millions of users' personal information — including names, addresses, birth dates and account passwords — at risk.

THE ASSOCIATED PRESS

Kerry to sell stake in Suncor, Cenovus

John Kerry and his wife have agreed to divest holdings in a Canadian oil company, as well as dozens of other investments, in an effort to avoid conflicts of interest as the Massachusetts senator prepares to become America's next secretary of state.

The Canadian Press reported last week that Kerry had as much as \$750,000 US invested in Suncor, a Calgary-based oil company whose CEO has urged the Obama administration to greenlight TransCanada's Keystone XL pipeline.

But federal ethics officials, acting independently of the

Keystone decision

- The investments raised alarm bells among American environmentalists given the State Department will make a decision this year on the fate of the Keystone pipeline.

White House, have determined the Suncor stock poses no conflict of interest threats. Kerry has also agreed to divest of as much as \$31,000 in Cenovus Energy

— another Calgary firm that has pushed for Keystone XL approval — within 90 days if he's confirmed secretary of state.

Financial disclosure records show that Kerry and his wife, Heinz ketchup heiress Teresa Heinz Kerry, hold a vast array of international investments that could have placed the senator in an ethical quandary at the State Department.

Kerry's office said last week that many of those investments were in family trusts managed by an independent trustee, and that the senator was unaware of the contents.

THE CANADIAN PRESS



Sen. John Kerry listens as he testifies in Washington on Thursday during his confirmation hearing to replace Secretary of State Hillary Clinton.

PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

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OBAMA, MISS O AND OLD KIDS



THE LIST
Neil Morton
metronews.ca

1 **OCD4SH.** I Mother Earth's Brian Byrne is raising awareness about his OCD4SH campaign, a collaboration between his clothing company OCD Collective and the autism foundation Surfers Healing. Through T-shirts designed by the likes of Raine Maida and George Stroumboulopoulos, money raised through sales helps send autistic kids to a therapeutic family surf camp in Cali.

2 **Superbaugh.** The Super Bowl between the San Francisco 49ers and Baltimore Ravens will see two brothers coaching against each other for the first time in Super Bowl history! John Harbaugh runs the Ravens while his younger brother Jim Harbaugh mans the 49ers. Jim must be saying to John: "Yo bro, remember, I'm your kid brother. Take it easy. It's only a game."

3 **Beth Reeks.** Further evidence the Internet is the place to get your start: 17-year-old Beth Reeks has signed a three-book deal with Random House after her young adult romance, *The Kissing Booth*, became a hit online. The book will now be published in paperback this spring. Reeks, the new teen queen of romance, is a young E. L. James — minus the erotica.

4 **Red Pashmina.** This grassroots campaign that started out of Peterborough, Ont., to empower and raise money for women in Afghanistan, has now attracted the attention of the UN. The two women behind the bright red scarves, Maryam Monsef and Jessica Melnik, are invited to speak at a United Nations summit in N.Y. on the status of women in March.

5 **Obama.** Beyoncé sang a rousing (albeit lip-synched) rendition of the national anthem, but the real star Monday on the Capitol steps was Barack Obama, who publicly began his second term as president at his inauguration in front of 800,000 spectators chanting "O-ba-mal!" "Now, more than ever, we must do these things as one nation, as one people," he said. He has four years left to make it happen.

6 **Gretzky + Leafs?** Social media went nuts this week when a show on The Fan 590 discussed the rumour Wayne Gretzky might be taking over as president of the Toronto Maple Leafs, a position left vacant after the recent firing of Brian Burke. Now if this ever happened, wow. If Gretzky can't save the Leafs, no one can.

7 **Arisa Cox.** Many of you might remember her from the 2001 Canadian reality series *The Lofters*. (I do.) So this week when Arisa Cox was named host for the first Big Brother Canada, which debuts Feb. 27 on Slice, it made perfect sense. After all, she knows exactly what it's like to live 24-7 with other strangers while the camera watches.

8 **Kutcher at Macworld.** Next week is the Macworld/iWorld conference in San Francisco, and Ashton Kutcher will be there to speak about what it's like playing Steve Jobs in the biopic on the Apple icon that is slated for an April release. The best part would be if Kutcher actually showed up in character as Jobs. Now that would go viral.

9 **Miss O.** The Oprah Effect hit Western Canada as she made appearances in Edmonton, Calgary and Vancouver, talking about everything from the weather — bloody cold! — to the lessons she's learned in life. "Every day you get to paint on the canvas that is your life," she told a sold-out crowd Monday night at Rexall Place in Edmonton. Who's better at motivating than Oprah?

10 **Butt Out.** This week is Non-Smoking Week in Canada, a campaign that has been running for 30 years. It's great to see so many people talking about #nonsmoking on Twitter. I quit almost 13 years ago. If you're thinking about stopping, go for it. You can do it. Don't let nicotine rule your life.

11 **Man bandz.** When boy bands grow up, they lose a little hair up top, gain a little more on their back — and reunite sometimes. Yes, NKOTB, 98 Degrees and Boyz II Men are teaming up this spring and stopping in Ottawa, Montreal and Toronto. As Old Kid, er New Kid, Donnie Wahlberg said in a statement: "Ladies, we're coming for you." Yes, it won't be girls this time.

12 **Steve Nash.** Captain Canada was given a loud ovation Sunday during player introductions at the ACC in Toronto. But then he and his Lakers played flat (again) in a loss to the Raptors. There are those who still wish he had signed with the Raptors during the off-season. But it's become apparent a 38-year-old Nash in the twilight of his career might not have been the right ending for this national treasure.

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I've got worms ... you want some?



TSVANGIRAYI MUKWAZHI/THE ASSOCIATED PRESS

Tastes like chicken?

Mopane worms a rare delicacy

Sihle Nkomo begins to prepare harvested mopane worms at her home in Gwanda, Zimbabwe.

In Zimbabwe, as well as most parts of southern Africa, mopane worms are a staple part of the diet in rural areas and are considered a delicacy in the cities. They can be eaten dry, as crunchy as potato chips, or cooked and drenched in sauce.

THE ASSOCIATED PRESS

Gastronomical goodness

- A Zimbabwean nutritionist, Marlon Chidemo, says the worms are high in healthy nutrients and contain three times the amount of protein as beef.
- He says eating worms is less taxing on the environment than consuming beef because it takes far fewer leaves to produce worms than it does feed to produce the same amount of beef.

Slinging slugs

Get to know the quality of grubs

At the local market, mopane worms are quite popular with residents who buy a cup or two of them and eat them immediately.

The market is abuzz with activity, with most stalls strategically displaying the delicacy so people cannot miss them. Vendors offer free samples. The mopane worms are graded according to size and the area where they were harvested.

THE ASSOCIATED PRESS

Mopane around

- Dried mopane worms have become a multimillion-dollar industry, even exported to countries like South Africa and Botswana. They can be found in African restaurants in Paris.
- The worm is the large caterpillar of the *Gonimbrasia belina* species. It got its name from chomping the leaves of mopane trees.

Worth Mentioning

J.J. Abrams set to direct next instalment of Star Wars being released in 2015

Another universe of sci-fi fans has been put in the hands of J.J. Abrams.

According to multiple trade reports, J.J. Abrams is set to direct the next instalment of Star Wars, which Disney has said will be Epi-

sode 7 and due out in 2015. Disney bought Star Wars maker Lucasfilm last month for \$4.06 billion.

The Emmy-award-winning director has also captained the reboot of Star Trek for rival studio Paramount Pictures, with the next instalment in that series, *Star Trek: Into Darkness*, set to hit theatres May 17.

Citing unnamed sources, the news was reported earlier by Hollywood trade outlets *The Wrap*, *The Hollywood Reporter* and *Daily Variety*.

THE ASSOCIATED PRESS

Twitter

@MarkFinn: People who are anti global-warming have never lived in Winnipeg

@robsobs: After going 693 days without hitting -30C, #Winnipeg has now recorded 5 consecutive days below -30C.

@d_phrase: Winnipeg: wind chill of -40 and snow falling. Can't think of anywhere I'd rather be headed today. *grumble*

@Jaredgoalie: Winnipeg was the coldest capital in the world yesterday and that was the day my garage decided not to open

@aliciaboxill: I'm not really feeling this whole getting out of bed thing this morning. Is it spring yet? #winnipeg #toocold #freezing

@canartca: One upside to the cold snap: apparently, igloos are coming to the roof of the Winnipeg Art Gallery. Visit included in gallery admission.



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Jason Statham stars in *Parker* — a movie without a lot of payoff. HANDOUT

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



The heist goes all wrong

Bad + Bad = Bad. Steve Gow joins Richard Crouse this week to help him call out Parker for being a mistake-ridden flop of a film

Richard: Steve, the most shocking thing about Parker is that Jason Statham has hair in the opening scene. His usually close-cropped do is hidden under a wig that makes him look a bit like George Clooney's English brother. Other than that, this is as by-the-book as it gets. Did you buy into the story at all?

Steve: Not really. But as shocking as Statham is brandishing a wig as Donald E. Westlake's popular revenge-seeking character, he wasn't half as unconvincing as Jennifer Lopez when she pops up as the desperate, danger-seeking real estate agent. Was that bad casting or just a bad character?

RC: Her character is baffling. As a pseudo-love interest and almost co-conspirator, she's as grating as her co-star Nick Nolte's voice. If an Emery board could speak, it would sound like the rasp Nolte's vocal chords produce these days. For me, though, the moral of the movie is really skewed. The movie is so intent on selling the idea that the vengeful killer is really a good guy that a character at the end actually wonders if he is some kind of angel. Could it be that in this world bad + bad = good?

SG: I suppose Jason Statham is today's ideal mainstream anti-hero. After all, as mediocre as most of his films are, director Taylor Hackford is at least consistent in delivering what Statham does best — look sinister and kick butt. However, as absurdly indestructible as he is here, the film is too morose to be much fun.

RC: Statham is consistent,

Synopsis

After a daring robbery goes bad, thief Parker (Jason Statham) is double-crossed and left for dead. But because the movie is called *Parker*, he doesn't succumb to the gunshot wounds. Instead, he vows to put things right between him and the gang who cheated him out of his \$200,000 split of the loot. "If you make a deal, both sides have to honour it, otherwise there's chaos," he

says. "And I won't let chaos take over my life." Except that things get chaotic when he hatches an elaborate plan, involving his real estate agent (Jennifer Lopez), to get vengeance and his money.

Star ratings:

- Richard: ●●●●●
- Steve: ●●●●●

I'll give you that. He has two characters: Statham Character number one in which he plays a loner with a past who must protect a loved one and Statham Character number two, which is the loner with a past who must protect a youthful innocent. Here he's playing number one. The loved one is money, although there are a number of other characters that could easily have taken the place of the greenbacks.

SG: I agree. Concentrating on a compelling sidekick almost surely would've helped solve the questionably ineffectual supporting cast here.

One last thing — what kind of a name is Parker anyhow? That lame moniker sounds like Statham should be serving high tea and crumpets to the Crawley family on Downton Abbey, not cracking the skulls of crooked criminals.

2 SCENE

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Hoult: Undead man talking

Warm Bodies. Actor shares what it's like to take on a role that requires only one facial expression



NED EHRBAR
Metro World News in Hollywood

Nicholas Hoult has tackled trying to get the girl when you're an awkward tween (in *About a Boy*), a ruthless high-schooler (in TV's *Skins*) and a blue-haired mutant (in *X-Men: First Class*).

But those challenges pale in comparison to *Warm Bodies*, in which he tries to win over a girl (Teresa Palmer) despite the fact that he's a flesh-eating zombie.

How tough is it doing a role that's basically one facial expression for most of the film?

Surprisingly easy, actually (laughs). Narrows down your options and what you have to do at work, and not a lot of dialogue to learn, which is beautiful. But yeah, I read the script and I was like, "This could be a cool film," and then I was like, "Oh, it's kind of tricky, though, isn't it?"

You don't get to say a lot, and you've got to move and act like a zombie, but you've also got to have this audience care for you and want you to succeed and have this girl care for you enough and fall for you, and there's a lot to do."

With Teresa, it was just basically watching her do scenes the whole time, her just doing monologue after monologue and then I'd go, "Yeah, keep you safe. Hun-

gry. Eat, whatever."

Have you heard every zombie joke in the world at this point?

You know what, I've made a few terrible ones myself. I've said, like, "Oh, he's a character I really liked and wanted to bring to life." Idiot. I said of the scenes with me and Rob Corddry,

"I found it really difficult not to corpse" (which is British slang for laughing during a scene). So I've made a few terrible zombie jokes, but I haven't actually been on the receiving end of that many so far.

OK, zombies versus vampires. Where do you stand?

Who would win in a fight? Or the transition from vampire to zombie time?

As far as pop culture.

You know what? I'm trying to think. Aside from *Twilight*, what other vampire films have there been particularly recently? That's the prominent one.

To be honest with you, I would probably have to go with the zombie thing just because I really like *Shaun of the Dead* and *Zombieland* and those sort of things, and *28 Days Later* and stuff, so I think I'd go for the zombie — and not just because I played one in this film.

After having done this film, do you think you'd have trouble getting excited about doing a more traditional romantic comedy?

I don't know. I mean, I'm a sucker for a rom-com. You know, you feel good and you get all gooeey. But I wouldn't want to do one

Quoted

"You don't get to say a lot and you've got to move and act like a zombie, but you've also got to have this audience care for you and want you to succeed and have this girl care for you enough and fall for you, and there's a lot to do"

Warm Bodies star Nicholas Hoult on playing a zombie who falls in love

of those ones that's very run of the mill, out of the box, off you go, pay \$10 to go and see it and then sit there and nothing new happens.

So it's tricky. I'd like to be able to do all types of films. Action, drama, romance, all of them.

I don't think anyone's going to try to stop you.
So far. Not with force yet, anyway.

Just this year you've got films in several different genres coming out.

Yeah, I've got a fairy tale family adventure movie, "Jack the Giant Slayer." There's mild peril. There's giants that want to eat humans, so you know, I wouldn't take a really young kid to it. But it is kid-friendly and family-friendly.

But you know, you don't want to be taking a 3-year-old to it because they're going to be seeing stuff that might scar them.



Nicholas Hoult finds the apple of his undead eye in *Warm Bodies*. HANDOUT

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Jason Momoa relishes Rocky sucker punch

Bullet to the Head. Brawly actor isn't a stranger to tough guy roles, but even he was star-struck working with Sylvester Stallone

RICHARD CROUSE
scene@metronews.ca

A glance at Jason Momoa's IMDb page reveals that he is best known for playing roles described as a "vengeful barbarian warrior" or "powerful warlord."

The burly six-foot-four-inch actor is famous for roles in Conan the Barbarian and Game of Thrones and often plays tough guys.

Next up he plays a muscle-bound mercenary in *Bullet to the Head*, an action flick the Hollywood Reporter called "beefy, brainless fun."

It's another case of type-casting, perhaps, but it did give him the chance to go mano-a-mano with one of the

masters of the genre, Sylvester Stallone.

"You can't say enough good things about Stallone," says the Hawaiian-born hunk. "Truly, he is an icon. A legend, and so good at what he does."

Momoa even went through a special initiation rite courtesy of the superstar.

While shooting an epic fight scene on the film's New Orleans set, the older actor suggested he "tune me up" with a couple of real looking hits. Promising to pull his punches, Stallone instead landed a "monstrous" knock to the younger actor's side. Second take, same thing — "He just crumbled me," Momoa says — and that's the shot that made it into the film.

"He got me a couple of times," Momoa says. "He's the old bull. It's fun to get in there. I'm 30 years younger than him, so it's cool. Rocky punching me in the ribs. It's like a shout from the rock."

But how does someone raise a family when their day job is pretending to decapitate people on screen? Mo-

Quoted

"Rocky punching me in the ribs. It's like a shout from the rock."

Jason Momoa on Sylvester Stallone punching him in *Bullet to the Head*

moa, who has a young daughter and son with actress Lisa Bonet, says his family always comes to visit when he's working.

"My daughter was actually on set when I ripped a guy's throat out on *Game of Thrones*," he says. "It's hilarious. She was with the wardrobe lady, knitting. I said, 'Are you OK sweetie?' She said, 'Yeah Papa,' and went on knitting."

He admits it's an unusual way to raise the kids and when they get older it might be more difficult.

"School's pretty expensive," he says. "I may as well get a teacher and bring them with us. I'd rather have my kids going to the Louvre than learning about it in a book."



Jason Momoa stars in *Bullet to the Head*, opening next Friday. GETTY IMAGES

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- MANOHLA DARGIS, THE NEW YORK TIMES

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Knock, knock: You have two children

Seed. Sperm donor tracked down by his kids on new TV show

JON
TATTRIE
scene@metronews.ca

What would happen if a care-free bachelor answered his front door and discovered he was father to a nine-year-old boy and a teenage girl?

The question occurred to Joseph Raso when a friend became pregnant via a sperm bank. Fascinated by the process of choosing a stranger to be the biological father to your child, he wondered what it would be like if the donor entered into your life unexpectedly.

"How do kids change you? And what if it went zero to 60 and suddenly you have a nine-year-old?" he says. "How does it affect the donor and the other families?"

Seed was born. It's a TV show about Harry, whose bachelor bliss has long been

Quoted

"I see Rose with the baby and the struggle and chaos of learning to be a mother. The further we go into it, the further those relationships can take off."

Carrie-Lynn Neales on her hopes to develop Rose in future seasons.

funded by regular deposits at the sperm bank. One day, one of those donations learns how to hack a computer to find out who his biological father is — and knocks on Harry's door. Soon enough, a teenage girl follows, along with a woman pregnant with another of Harry's donations.

For Harry, the challenge is the tug of war between his desire to be with his biological children and his desire to pick up hot women at the bar.

One of Harry's entanglements is Rose, a beautiful, neurotic single woman whose date with the sperm bank leads to an accidental relationship with Harry. "From that point forward, their lives are entwined,"

says Carrie-Lynn Neales, who plays Rose.

"She's just wildly insecure," she adds during a break in filming. Rose wants a child, but doesn't want a father to the child. She wants to be single and independent, but wants a relationship with an amazing guy called Aaron.

When asked if bartending Harry is typical of the guys she knows, Neales laughs and tries to compose an answer that won't offend any of her friends. "You'll find aspects of Harry and Aaron in this age bracket," she says diplomatically.

Seed is Neales's first starring role. "It's amazing — really a dream come true," she says. "It's a huge learning curve."



Seed airs on City starting Monday, Feb. 4. You can watch the premiere online at the City website starting this Monday.

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Many pets have a bad habit of getting into things they shouldn't. Here are some common toxicities for which animals are treated at veterinary clinics:

Top Ten Pet Toxicities:

- 10) Lilies** - commonly included in floral bouquets. Cats chew the plant and quickly go into kidney failure.
- 9) Macadamia nuts** - causes hind end weakness and incoordination. Veterinary treatment is advisable.
- 8) Over-the-counter medications** - pain relievers like ibuprofen and naproxen cause stomach ulcers and kidney failure. Acetaminophen destroys cats' blood cells and causes liver damage.
- 7) Grapes and raisins** - cause kidney failure. Some animals are more susceptible than others. Toxic to dogs, cats, and ferrets.
- 6) Rat and mouse poison** - anticoagulant rodenticides cause life-threatening bleeding. Treatment may include a blood transfusion.
- 5) Antifreeze** - causes kidney failure. Cats are more sensitive than dogs.
- 4) Onions and garlic** - toxic to dogs, worse for cats. Causes red blood cell injury and life-threatening anemia.
- 3) Prescription medications** - antidepressants, muscle relaxants, and decongestants can all cause problems.
- 2) Xylitol** - a sugar substitute found in gum and candies. Causes hypoglycaemia and liver disease. Requires immediate medical attention.
- 1) Chocolate** - the most common toxicity treated in veterinary medicine. Dark chocolate is worse than milk chocolate. Causes seizures and death. Amount ingested matters; call your vet to find out if your pet should be examined.

For more information, please call our clinic at 204-488-1843 or the National Animal Poison Control Center at 1-888-426-4435.



Lena Dunham. ALL PHOTOS GETTY IMAGES

Lena Dunham skewers Rihanna over behaviour

Girls creator and star Lena Dunham is no stranger to criticism, but now she's going on the attack, chastising Rihanna for the messages the pop singer sends young fans with her behaviour.

"I just think about how many little girls beyond what I could even comprehend are obsessed with Rihanna," Dunham tells Alec Baldwin during a chat

for his Here's the Thing podcast.

"She left Barbados, she's had this amazing career, she's won a Grammy. She's talented. And then she gets back together with Chris Brown and posts a million pictures of them smoking marijuana together on a bed. And it cracks my heart in half in a way that makes me feel like I'm 95 years old."



Lindsay Lohan

SXSW pans Lohan's latest flick

Lindsay Lohan's latest bid at a big-screen comeback is having trouble getting off the ground.

Her racy and controversial film *The Canyons* was rejected by the Sundance Film Festival earlier this month, and now it appears the South by Southwest

(SXSW) festival in Austin, Texas, wants nothing to do with the film either, according to the Hollywood Reporter.

Sources say the film suffers from significant "quality issues" and has "an ugliness and a deadness to it."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Kristen Bell terrified of her impending childbirth

Kristen Bell seemed to hint during an interview with *Ellen DeGeneres* that she's going to give birth to a boy, but the *House of Lies* star kept coy with a "maybe" when pressed.

Bell had said that fiancé Dax Shepard was looking forward to "all the off-roading he'll have in this tiny partner," but she says that doesn't mean it couldn't be a daughter.

"Do you have to be a boy to off-road? Absolutely not!" Bell said. "I think he's going to force (the baby), even if it's a sloth, to off-road."

One thing Bell was willing to admit, though, is that she's not looking forward to

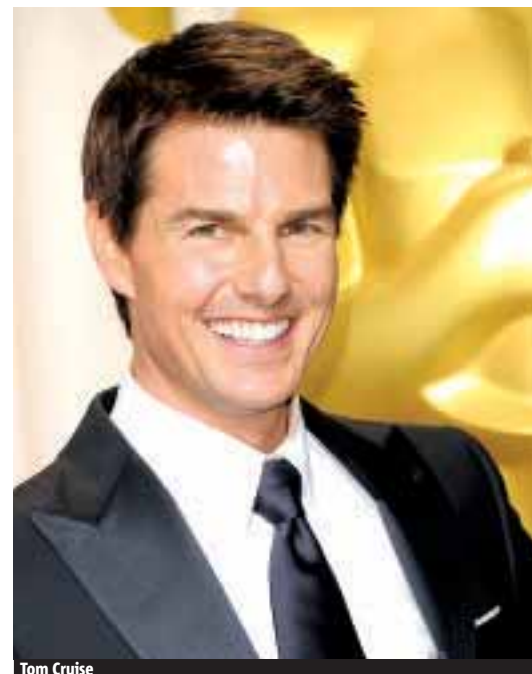
Quoted

"I feel like, when I arrive at the hospital, I want a glass of whiskey, I want the epidural in my back and I want to get hit in the face with a baseball bat."

Kristen Bell
Talking about the upcoming birth of her first child

labour.

"I've got nothing to prove" by having natural childbirth, she said. "I feel like, when I arrive at the hospital, I want a glass of whiskey, I want the epidural in my back and I want to get hit in the face with a baseball bat and wake me up when it's over because I've seen the videos, and it looks terrifying."



Tom Cruise

Cruise at the heart of Scientology's strategy

Tom Cruise isn't only the most famous Scientologist, he's also the most important figure in the controversial religion.

"There's nobody more important in Scientology since L. Ron Hubbard. He's the front of Scientology," Lawrence Wright, author of *Going Clear: Scientology, Hollywood and the Prison of Belief*, tells E! News.

He also says having a movie star as the face of Scientology was always part of the plan.

"From the very beginning of the Church of Scientology, they established

Quoted

"There's nobody more important in Scientology since L. Ron Hubbard."

Lawrence Wright
Author of the book *Going Clear: Scientology, Hollywood and the Prison of Belief*.

it in Los Angeles, they created the Celebrity Center there in Hollywood, and the whole goal was to take over the entertainment industry and use celebrities as kind of a product endorsement for their brand," Wright says.

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Cheers to Robert Burns



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I have fond memories of Robert Burns.

Growing up in Halifax, it was a standard post-Saturday-night-on-the-town ritual to enjoy a little fast food in Victoria Park, along Spring Garden Road, before the walk home. The best seat in the house was along the pedestal of the life size monument to the bard that's been standing there since 1919.

Though I don't remember drinking much in the way of Scottish booze back in the day, I'll be raising a glass of something tonight in celebration of Robert Burns Day.

Scotland's claim to liquid fame is scotch — a polarizing whisky typically drunk straight. Rich, aggressive and swimming in personality, it can be a hard glass to swallow for most.

A fine dram to get your palate wet is Bowmore 12 Year Old (\$45.99 to \$64.99); the first recorded single malt distillery (back in 1779) on the island of Islay.

Softer than your average Islay whisky, it offers a rounded, honeyed malt flavour massaged by hints of the classic smoky/peaty character that's made the island famous.

If the thought of drinking scotch without mix doesn't blow your bagpipe, try softening the spirit by adding a touch of spring water.

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This recipe serves six. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Southern flavours are a fiesta for taste buds

Tex-Mex Flank Steak with Corn Salsa.

Bursting with flavours, this dish will be just as good the next day



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With the sauce and corn salsa accompaniment, this is a great Southwestern dish. Sautéing the corn gives it a barbecued flavour.

Be sure to allow time for marinating the steak. Leftovers taste just as good

the next day; either reheat gently or serve at room temperature.

1. Whisk the barbecue sauce, vinegar, molasses and hot pepper sauce in a bowl. Place the flank steak in a shallow, non-reactive baking dish and pour the sauce over the steak. Cover the dish with plastic wrap and refrigerate for at least 2 hours or overnight, which would be ideal.

2. For the salsa, spray a non-stick skillet with cooking oil. Place it over medium heat, and sauté the corn and red pepper until the corn begins to brown, about 5 minutes. Stir in the beans, onion and cilantro.

Set aside.

3. Remove the steak from the marinade, and set the marinade aside in a small saucepan.

4. Preheat the barbecue or a non-stick grill pan to medium-high and spray with cooking oil. Cook the beef over medium-high

heat for 5 to 8 minutes per side, or until it's done to your liking.

5. While the steak is cooking, bring the reserved marinade to a boil and boil for 5 minutes. Serve the steak with the sauce and salsa on the side. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

Ingredients

- 1 cup barbecue sauce
- 1/3 cup cider vinegar
- 2 tbsp molasses
- 1/4 tsp hot pepper sauce
- 1 1/2 lb flank steak

Salsa

- 1 cup canned corn kernels,

- drained
- 1 cup diced red bell pepper
- 1 cup canned black beans, rinsed and drained
- 1/3 cup chopped green onion
- 1/4 cup chopped cilantro

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MIX OF SIX
Shelley Cook
winipeg@metronews.ca



The Hip are back

The Tragically Hip are back in town Sunday playing the MTS Centre, with special guest the Arkells. The Kingston, Ont. natives have been a fixture in the Canadian music scene since the 1980s, and are notorious for putting on a killer show. If you've never seen the Hip live in concert, give your head a shake and then go online and get yourself some tickets; they'll run you anywhere from \$33.75 to \$138.75. The show starts at 8 p.m.



A Mutt of a good time

Manitoba Mutts Rescue is holding its first ever Music for Mutts Benefit Concert at the King's Head Pub, 120 King St., on Thursday. The show boasts a great lineup of local talent that includes Naked Souls, Split Crooked and Mrs. Hoo Hoo. Energy 106 morning show hosts Frankie Hollywood and MJ will MC the event, which will see funds going to help with mounting vet bills. Silent auction prizes are up for grabs, and there's a 50/50 draw. Tickets are \$10 in advance and \$15 at the door. For more information, or to buy tickets, email events@manitobamutts.org.



Heartland, one more time

Ace Burpee has been talking about it all week; the IMAX and Virgin Radio are screening the 1987's IMAX film Heartland this Saturday. If you were in elementary school or junior high, you probably saw this nostalgic Manitoba-made classic. This special screening will be bittersweet, as it will be the last time this film is shown at the Portage Place theatre before it closes on March 31. Tickets are \$10 and available at the Virgin office at 3-177 Lombard Ave. All proceeds from ticket sales will support the Smaczlyo family who lost everything in a Jan. 3 fire at their Point Douglas home. The show starts at 7 p.m.



Hypnotize me

There is nothing funnier than watching your friends do silly things under hypnosis. If you've never experienced this type of hilarity, you're in luck because the Incredible Boris is at Rumor's Restaurant & Comedy Club for a five-day stint starting Tuesday. If nobody in your group is brave enough to go under Boris' spell, that's OK, because it's just as funny to watch strangers act out under hypnosis. The Incredible Boris has appeared on the talk show circuit and at comedy festivals all over North America. He's a charismatic performer who will have you laughing from start to finish. Tickets will run you \$15 to \$20 and are available at rumorscomedyclub.com



Oh My Darling

Manitoba's Oh My Darling is releasing their first-ever French language EP Vanez Danser at the West End Cultural Centre tomorrow night. This all-female quartet has mastered the recipe for the kind of Franco-folk/blue grass music that'll get into your soul and make your toes tap. This show is exactly what you need to get warmed up for Festival du Voyageur. Folk/bluegrass duo Fire and Smoke open up the show at 8 p.m. Tickets are \$20 in advance and \$25 at the door.



Spilled Paint never looked so good

The Fleet Galleries at 65 Albert St. is running the Spilled Paint Exhibit now until Feb. 14. Local artists Jeff Gasenzer, Rodrigo Pradel, Shouresh Jalili, Neil Stewner, Dany Belaire and Okvar Kahovakark will be showcasing (and selling) original pieces that include everything from urban street art to surrealism art. Gallery hours are Tuesday to Friday from 9 a.m. until 5 p.m. and Saturday from 10:30 a.m. until 2:30 p.m. and admission is free. Visit rodrigopradel.com

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Jim Slater, middle, of the Winnipeg Jets celebrates after scoring a goal against the Washington Capitals on Tuesday in Washington, D.C. The Jets will host the Pittsburgh Penguins on Friday night. GREG FIUME/GETTY IMAGES

Jets aim to avoid Pens pummelling

NHL. Winnipeg coach wary of Pittsburgh offence following defensive breakdowns last season

Winnipeg Jets coach Claude Noel says his team provided their own lesson in how not to play the Pittsburgh Penguins last season.

"We were really poor in the games we played. We gave up eight goals twice, I believe, in games against them," he said Thursday, as the Jets (1-

Quoted

"You've got to take a look around because those guys are pretty sneaky."

Jets winger Bryan Little on being aware of where players like Evgeni Malkin and Sidney Crosby are on the ice.

1-1) prepared for a visit from the Penguins (2-1-0) Friday night.

"We played out of control. We played like we thought we were the Penguins, you know, and we got spanked, I think, because of that attitude, so that's something we're going to stay away from."

The Jets have been spending a lot of time improving their defence and say they know what they have to do to play the Penguins.

The only issue is executing the plan.

"They're such a fast team with a lot of skill and they can make plays on the fly," said

Winnipeg captain Andrew Ladd.

"You've got to be skating. As forwards you've got to have good back pressure to press them to make plays quicker and our (defencemen) have to have good gaps and not allow them the blue-line to pull up and make plays there."

For their part, the Penguins have been served their own dose of humble pie this week as they went down 5-2 Wednesday to a fast-skating Toronto Maple Leafs assault that capitalized on penalties and mistakes.

THE CANADIAN PRESS

Olympics

Feds pledge \$40M for 2014 Sochi Winter Games

The federal government is priming the financial pump for Canada's athletes with the 2014 Winter Games in Sochi, Russia, just over a year away.

Bal Gosal, the minister of state for sport, says that almost \$40 million will be spent on Canada's winter athletes this winter.

Anne Merklinger, the head of Own the Podium, says that's more money going into an Olympic and Paralympic Games than ever before.

Many of Canada's winter athletes have world championships coming up in the next few weeks.

THE CANADIAN PRESS

MLB

Upton brothers join forces in Atlanta

Justin Upton is having a family reunion in Atlanta.

Arizona traded its star right fielder to the Braves on Thursday in a seven-player deal that sent former all-star infielder Martin Prado to the Diamondbacks.

For the first time since he was a high-school freshman, Upton will have older brother B.J. Upton as a teammate.

The brothers combine with Jason Heyward, who won a Gold Glove in 2012, in an outfield potentially packed with power and speed. THE ASSOCIATED PRESS



Justin Upton GETTY IMAGES FILE

Lions trade Geroy Simon to Roughriders



Former B.C. Lions receiver Geroy Simon, left, is embraced by Lions running backs coach and former teammate Kelly Bates as he holds his three-year-old daughter Nyah on Thursday in Surrey, B.C., where it was announced Simon was traded to the Saskatchewan Roughriders. DARRYL DYCK/THE CANADIAN PRESS

The longtime face of the B.C. Lions franchise is heading to Saskatchewan.

Geroy Simon, the CFL's all-time receiving yards leader, was traded to the Roughriders on Thursday in exchange for receiver Justin Harper and a third-round pick in the 2014 Canadian college draft.

"This has been the toughest decision I've ever had to make in my professional life," Simon said. "This is a tough day. This is a very tough day. But in the end this is a decision we had to make."

Lions general manager Wally Buono said the decision to trade the popular slotback

Next record to break

The six-foot, 198-pound native of Johnstown, Pa., needs just 29 catches to break Ben Cahoon's CFL record of 1,017 career receptions.

was mutually agreed upon by Simon and the club after the team indicated Simon's role with the team was likely going to change this upcoming season.

"He has to fit in and he has to want to fit in," Buono said when asked of the decision to trade Simon.

"For us to part ways is not something we enjoy," Buono added, calling Simon a "tremendous, tremendous football player."

A two-time Grey Cup champ and six-time CFL all-star, Simon has recorded 15,787 yards over his 14-year career.

Hamstring problems forced him to miss five games last year, limiting him to 54 catches for 700 yards and two touchdowns. It marked the first time in 10 seasons Simon hadn't cracked the 1,000-yard plateau.

"In order for me to exhaust my talent as a football player I felt I had to move forward," Simon said. THE CANADIAN PRESS



In this Sept. 11, 2011, file photo, Jackie and Jack Harbaugh, parents of San Francisco 49ers coach Jim Harbaugh and Baltimore Ravens coach John Harbaugh, stand before a game between the 49ers and the Seattle Seahawks in San Francisco. The entire Harbaugh family already got its Super Bowl victory last Sunday, when each coach did his part to ensure a family reunion in New Orleans next week. PAUL SAKUMA/THE ASSOCIATED PRESS FILE

Harbaughs in stands vow to stay neutral

Super Bowl 47 lead-up.
Family of Ravens
and 49ers coaches
not saying where they'll
be sitting on game day

Jackie Harbaugh will wear a neutral-colored outfit, still to be determined. Her daughter, Joani Crean, little sister to coaching brothers John and Jim Harbaugh, plans to sport all black at the Super Bowl to show no allegiances whatsoever.

"I am wearing whatever fits that day," Crean quipped.

The entire Harbaugh family — a close-knit, hyper-competi-

tive crew that also includes Indiana basketball coach Tom Crean — realizes it has already won big. They got their Super Bowl victory on Sunday, when each coach did his part to ensure a family reunion in New Orleans next week, with John's Baltimore Ravens facing off against Jim's San Francisco 49ers in the first Super Bowl with sibling coaches on opposite sidelines.

One Harbaugh will haul home the Lombardi Trophy from the Big Easy.

And, no, the family members haven't decided where to sit for the Feb. 3 NFL title game at the Superdome — or at least they aren't revealing it if they have.

"We are neutral in the Super Bowl, and we are just excited that they have brought their teams to the pinnacle of sports," Jackie Harbaugh said Thursday. "The Super Bowl is the ultimate accomplishment for them and for their teams and for all of the extended football family and all of the teams who have participated in this great game. We are excited for that type of thing."

Her sons, all of 15 months apart, have tried to downplay this matchup from the moment it developed — each wanting to keep the focus on the players, on the field.

Fortunately for the Harbaugh folks, they've been through this once before, albeit on a slightly smaller stage: Prime time on Thanksgiving night 2011. John's Ravens won 16-6 at home.

"We experienced that last year at Thanksgiving," Jack Harbaugh said, "the thrill of victory and the agony of defeat."

THE ASSOCIATED PRESS

Quoted

"I am going to be neutral in the game, and I know one is going to win and one is going to lose, but I would really like to end in a tie. Can the NFL do that?"

Jackie Harbaugh, mother of John and Jim Harbaugh, jokes about watching the Super Bowl.

Relationship hoax. Te'o plays voice mails from 'girlfriend' on Couric show

The person Manti Te'o says was pretending to be his online girlfriend told the Notre Dame linebacker "I love you" in voice mails played during his interview with Katie Couric.

Taped earlier this week and broadcast Thursday, the hour-long show featured three voice mails that Te'o claims were left for him last year. Te'o said they were from the person he believed to be Lennay Kekua, a woman he had fallen for online but never met face-to-face.

After the first message was played, Te'o said: "It sounds like a girl, doesn't it?"

"It does," Couric responded.

The interview was the All-American's first on camera since his tale of inspired play after the deaths of his grandmother and girlfriend on the same day in September unravelled as a hoax by Deadspin.com on Jan. 16.

Couric addressed speculation the tale was concocted by Te'o as a way to cover up his sexual orientation. Asked if he were gay, Te'o said "no" with a laugh. "Far from it. Faaaar from



Manti Te'o THE ASSOCIATED PRESS

that."

He also said he was "scared" and "didn't know what to do" after receiving a call on Dec. 6 — two days before the Heisman Trophy presentation — from a person who claimed to be his "dead" girlfriend.

The first voice mail was from what was supposed to be Kekua's first day of chemotherapy for leukemia.

"Hi, I am just letting you know I got here and I'm getting ready for my first session and, um, just want to call you to keep you posted. I miss you. I love you. Bye," the person said.

THE ASSOCIATED PRESS

Curling

Koe unblemished at National

Kevin Koe scored three points in the final end to remain unbeaten at the \$100,000 National Grand Slam of Curling with a 7-4 win over Rob Rumfeldt on Thursday.

Rumfeldt and his rink from Guelph, Ont., had built a 3-1 lead after five ends, but Edmonton's Koe pulled ahead with three in

the sixth.

Rumfeldt tied it with a point in the seventh. Koe, wielding the hammer in the decisive end, put the game away and improved to 2-0 after three draws. He is tied with fellow Edmonton skip Kevin Martin atop Pool C.

Rob Fowler of Brandon also improved to 2-0 with a 9-3 win over Toronto's John Epping. Fowler put the game away with four points in the fifth end.

THE CANADIAN PRESS

NBA



"I'm just very, very excited. It's been a long time for the Bay Area fans."

Golden State forward David Lee, who was selected to the NBA all-star game on Thursday, Lee is the first Warriors all-star since Latrell Sprewell in 1997.

NHL

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	GP	W	L	OL	GF	GA	Pt
New Jersey	2	2	0	0	5	1	4
NY Islanders	3	2	1	0	12	9	4
Pittsburgh	3	2	1	0	11	9	4
Philadelphia	4	1	3	0	5	12	2
NY Rangers	4	1	3	0	9	14	2

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Ottawa	3	3	0	0	11	2	6
Boston	3	2	0	1	8	6	5
Montreal	3	2	1	0	9	4	4
Buffalo	3	2	1	0	10	9	4
Toronto	4	2	2	0	12	12	4

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	3	2	1	0	13	8	4
Winnipeg	3	1	1	1	6	8	3
Carolina	3	1	2	0	8	12	2
Florida	4	1	3	0	7	12	2
Washington	3	0	3	0	6	14	0

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

Thursday's results

NY Islanders 7 Toronto 4
Montreal 4 Washington 1
Carolina 6 Buffalo 3
Philadelphia 2 NY Rangers 1
Ottawa 3 Florida 1
Nashville at St. Louis
Chicago at Dallas
Columbus at Colorado
Los Angeles at Edmonton
Phoenix at San Jose

Friday's games — All Times Eastern

Washington at New Jersey, 7 p.m.
NY Islanders at Boston, 7 p.m.
Carolina at Buffalo, 7 p.m.
Ottawa at Tampa Bay, 7:30 p.m.
Minnesota at Detroit, 7:30 p.m.
Pittsburgh at Winnipeg, 8 p.m.
Vancouver at Anaheim, 10 p.m.

Saturday's games

Colorado at San Jose, 4 p.m.
Toronto at NY Rangers, 7 p.m.
Chicago at Columbus, 7 p.m.
Philadelphia at Florida, 7:30 p.m.
St. Louis at Dallas, 8 p.m.
Los Angeles at Phoenix, 8 p.m.
Edmonton at Calgary, 10 p.m.
Nashville at Anaheim, 10:30 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	3	3	0	0	14	8	6
St. Louis	3	2	1	0	12	6	4
Nashville	3	1	0	2	8	8	4
Columbus	3	1	1	1	7	11	3
Detroit	3	1	2	0	5	11	2

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Minnesota	3	2	1	0	6	5	4
Vancouver	3	1	1	1	8	12	3
Colorado	2	1	1	0	5	5	2
Edmonton	2	1	0	1	6	8	2
Calgary	3	0	2	1	7	12	1

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	2	2	0	0	10	4	4
Anaheim	2	2	0	0	12	7	4
Dallas	3	2	1	0	6	5	4
Phoenix	3	1	2	0	11	12	2
Los Angeles	2	0	2	0	3	8	0

TENNIS

ATP — WTA AUSTRALIAN OPEN At Melbourne, Australia

WOMEN

Singles — Semifinals

Li Na (6), China, def. Maria Sharapova (2), Russia, 6-2, 6-2.

Victoria Azarenka (1), Belarus, def. Sloane Stephens (29), United States, 6-1, 6-4.

MEN

Singles — Semifinals

Novak Djokovic (1), Serbia, def. David Ferrer (4), Spain, 6-2, 6-2, 6-1.

Doubles — Semifinals

Bob and Mike Bryan (1), United States, def. Simone Bolelli and Fabio Fognini, Italy, 6-4, 4-6, 6-1.

Robin Haase and Igor Sijsling, Netherlands, def. Marcel Granollers and Marc Lopez (3), Spain, 7-5, 6-4.

NFL

PRO BOWL Sunday, Jan. 27 — All Times Eastern

At Honolulu, Hawaii

AFC vs. NFC, 7 p.m.

SUPER BOWL XLVII

Sunday, Feb. 3 At New Orleans, La.

Baltimore vs. San Francisco, 6 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	27	12	.692	—
New York	25	14	.641	2
Brooklyn	26	16	.619	2 1/2
Chicago	25	16	.610	3
Indiana	26	17	.605	3
Atlanta	24	18	.571	4 1/2
Milwaukee	22	18	.550	5 1/2
Boston	20	21	.488	8
Philadelphia	17	25	.405	11 1/2
Detroit	16	26	.381	12 1/2
Toronto	16	27	.372	13
Orlando	14	28	.333	14 1/2
Cleveland	11	32	.256	18
Charlotte	10	32	.238	18 1/2
Washington	9	31	.225	18 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
Oklahoma City	33	10	.767	—
San Antonio	34	11	.756	—
L.A. Clippers	32	11	.744	1
Memphis	27	14	.659	5
Golden State	26	15	.634	6
Denver	26	18	.591	7 1/2
Utah	23	19	.548	9 1/2
Portland	21	21	.500	11 1/2
Houston	22	22	.500	11 1/2
Minnesota	17	22	.436	14
Dallas	18	24	.429	14 1/2
L.A. Lakers	17	25	.405	15 1/2
Sacramento	16	27	.372	17
Phoenix	14	28	.333	18 1/2
New Orleans	14	28	.333	18 1/2

Note: division leaders ranked in top three positions regardless of winning percentage.

Thursday's results

Toronto 97 Orlando 95
New York at Boston
L.A. Clippers at Phoenix
Wednesday's results
Atlanta 104 Charlotte 92
Miami 123 Toronto 116 (OT)
Brooklyn 91 Minnesota 83
Denver 105 Houston 95
Memphis 106 L.A. Lakers 93
Chicago 85 Detroit 82
San Antonio 106 New Orleans 102
Utah 92 Washington 88
Portland 100 Indiana 80
Phoenix 106 Sacramento 96
Golden State 104 Oklahoma City 99
Friday's games — All Times Eastern
Minnesota at Washington, 7 p.m.
Detroit at Miami, 7:30 p.m.
Boston at Atlanta, 7:30 p.m.
Milwaukee at Cleveland, 7:30 p.m.
Golden State at Chicago, 8 p.m.
Brooklyn at Memphis, 8 p.m.
San Antonio at Dallas, 8 p.m.
Houston at New Orleans, 8 p.m.
Oklahoma City at Sacramento, 10 p.m.
Utah at L.A. Lakers, 10:30 p.m.

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Horoscopes

Aries

March 21 - April 20

So long as you enjoy what you are doing, you won't care in the slightest what other people think. Life is simply too short to worry about whether the world sees you as a "good guy" or a "bad guy".

Taurus

April 21 - May 21

The only danger today is that because you insist on everything being thought out and planned in advance you might lose the spark of spontaneity that turns good ideas into great ideas. Be more open to alternative viewpoints.

Gemini

May 22 - June 21

Today's Sun-Uranus link is sure to change your life for the better in some way. Exactly how and to what extent is impossible to know but by this time tomorrow you will have both a wider and deeper view of reality.

Cancer

June 22 - July 23

Don't limit yourself to tried and trusted methods. Try something new for a change. Uranus, planet of changes, is urging you to be a bit more adventurous, especially on the work front where you should be taking the lead.

Leo

July 24 - Aug. 23

You must live up to your beliefs, even if it brings you into conflict with people you would prefer not to make enemies of. You are entitled to think for yourself and to express your opinions, loudly if needs be.

Virgo

Aug. 24 - Sept. 23

You have been ignoring a number of warning signals and that's not a good idea. Today's Sun-Uranus link will again indicate where you have been going wrong and this time you must take appropriate action.

Libra

Sept. 24 - Oct. 23

Try not to exert yourself too much today. Given the choice between doing more or doing less, choose the latter without hesitation. You've done your bit, so treat yourself to a break.

Scorpio

Oct. 24 - Nov. 22

If you are typical of your sign, you sometimes find it hard to think outside certain limits or boundaries. But, today's Sun-Uranus link will shatter any barriers that are holding you back. The word "impossible" should not exist.

Sagittarius

Nov. 23 - Dec. 21

You could easily mislead yourself today about an issue that seems unimportant but is likely to have far-reaching consequences. Check every relevant fact. Don't take anything on trust, not even what your own senses tell you.

Capricorn

Dec. 22 - Jan. 20

Forget about perfection today. Just aim to be as good as you can be at what you do and be happy with that. It's always good to set yourself new goals but it's not good to make them unreachable.

Aquarius

Jan. 21 - Feb. 19

The Sun in your sign makes a positive link to your ruling planet Uranus today, which in plain language means that all your best traits will come to the forefront. Others will see you as some kind of genius.

Pisces

Feb. 20 - March 20

You must not be indecisive today, because an opportunity will arrive out of the blue and if you don't make use of it immediately it will pass you by just as quickly. You may not feel confident, but act as if you are.

SALLY BROMPTON

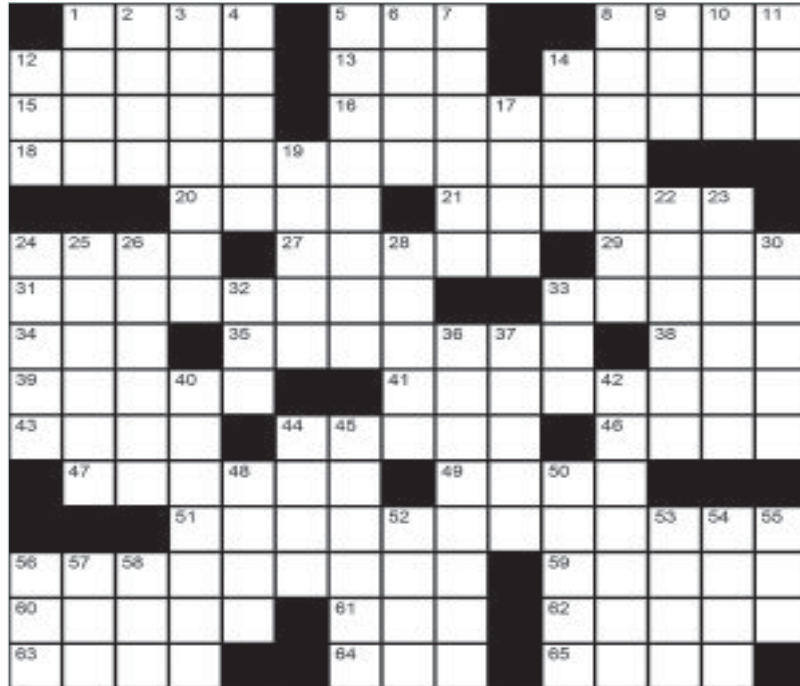
Crossword: Canada Across and Down

Across

1. "Piano Man" Billy
5. Sea: French
8. Hong _
12. Valley of BC, Bella _
13. Wonderment
14. _ Vanilli
15. Commencement
16. Canadian singer/songwriter: 2 wds.
18. "Hansel & Gretel _ _" (2013)
20. Abound
21. Madonna's 1996 title role's namesakes
24. Irving Wallace novel, _ _ Document
27. Start of a challenge: 2 wds.
29. Dr. Frankenstein's pal
31. "The Matrix _ _" (2003)
33. Terminate
34. Music's _ Young Band
35. Movie studio
38. " _ _ Have to Say the Words?" by Bryan Adams
39. Ms. Tyler (of CBS' "The Talk")
41. Vito Corleone's gig: 2 wds.
43. Capital of Qatar
44. "Ocean _ _" by 54-40
46. Truck types
47. Late-Medieval war helmet
49. "Exfol" ending
51. "Hockey Night in Canada" feature: 2 wds.
56. 90-second healthy living TV spot
59. Contaminate
60. Destiny's Child, and others
61. _-la-la
62. Ms. Macphail, Canada's first woman MP, in 1921
63. Fridge's friend
64. Ruler measurements [abbr.]
65. Shakespearean King

Down

1. Music's Ms. Mitchell
2. Flemish painter, Jacob van _ the Elder
3. Music genre, _-pop
4. Workshop machine

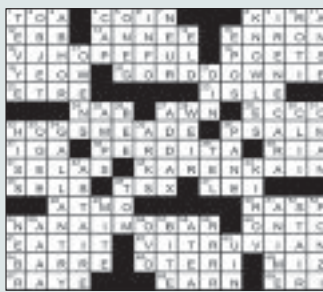


5. Shaun of "This Hour Has 22 Minutes"
6. Mr. McGregor
7. Tenant
8. Actress Ms. Alley
9. Not new
10. Atlanta Braves' baseball div.
11. _ rummy
12. Moo-er
14. Great Big Sea song: " _-Mac"
17. Ms. Campbell
19. Reality star Ms. Montag
22. "In _ _-Da-Vida" by Iron Butterfly
23. "Must you leave _ _?"

24. Sole pattern
25. Charioteering sun god
26. Ms. Cuthbert of ABC's "Happy Endings"
28. Commander _ (Lorne Greene's role on the late-1970s version of "Battlestar Galactica")
30. Harnesses
32. Grammy competitor, commonly
33. Gladiator's 111
36. Actress Ms. Hargitay's
37. What the insurance commercials duck says
40. Brit singer Ellie Goulding's

- current album
42. Norm
44. Particular fruit
45. "Yada, Yada...": 2 wds.
48. High-arc tennis shots
50. " _ Recall" (1990)
52. Damage
53. Fashion brand, _ Ricci
54. Power, for short
55. Lefts opp.
56. "Takin' Care of Business" gr.
57. Popcorn's Mr. Redenbacher, for short
58. Board game cube

Yesterday's Crossword

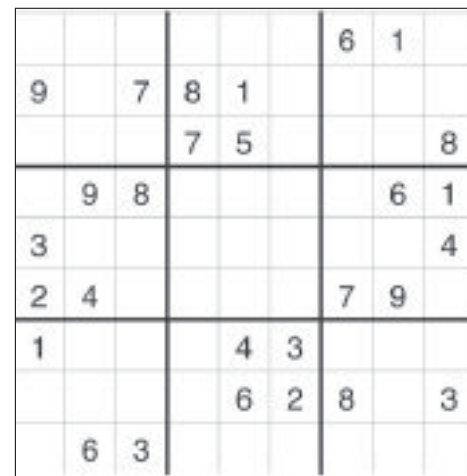
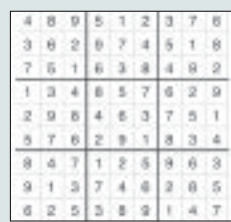


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY

SATURDAY

SUNDAY



MAX: -20°
MIN: -22°



MAX: -14°
MIN: -16°



MAX: -9°
MIN: -16°



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